

The Cub - 5/27/2017**Valle Crusis, N.C.****Rankings****Event 1 Mixed 7 Mile Run RR**

Name	Age Team	Finals	Points	Alternate
Overall Results Women 7Mile Mile Run				
1 Helgesson, Tilda	W25 Blowing Rock	49:30.52		
2 Wolfe, Emily	W27 Boone	52:57.39		
3 Moretz, Becky	W38 Boone	55:53.16		
Overall Results Men 7Mile Mile Run				
1 Norris, Wilton	M23 Blowing Rock	38:10.69		
2 Masland, Caleb	M35 Boone	38:59.38		
3 Holman, Cameron	M30 Wilmington	42:42.42		
19 & Under Results - Women 7Mile Mile Run				
1 Maas, Carly	W19 Greensboro	59:19.25		
2 Powel, Sydney	W16 Waxhaw	1:00:07.07		
3 Pollard, Katherine	W15 Locust	1:05:49.61		
20-29 Results - Women 7Mile Mile Run				
1 Wangler, Lynde	W20 Boone, NC	58:03.61		
2 Jones, Rachel	W20 Boone	1:03:37.32		
3 Kerr, Tiffany	W26 Creston	1:04:13.25		
4 Minor, Katie	W26 Hurdle Mills	1:04:20.58		
5 Dale, Taylor	W21 Swannanoa	1:06:34.01		
6 Presnell, Sarah	W28 Valdese, NC	1:10:26.59		
7 Gilmore, Kristen	W25 Boone	1:13:54.36		
8 Snoddy, Laura	W28 Cary	1:22:33.14		
9 Petty, Sarah	W21 Boone	1:29:21.72		
30-39 Results - Women 7Mile Mile Run				
1 Dale, Julia	W32 Banner Elk	59:03.45		
2 Eggers, Lori	W39 Fleetwood	1:00:36.59		
3 Selle, Erin	W30 Boone	1:02:00.48		
4 Mickel, Joanna	W37 Hickory	1:03:53.64		
5 Baker, Mary Ella	W34 Boone	1:04:01.05		
6 Brinegar, Brandi	W39 Boone, NC	1:04:31.94		
7 Compton, Tetiana	W30 Charlotte	1:17:48.66		
8 Trez Cagle, Katie	W37 Boone	1:21:52.19		
9 Edmondson, Melissa	W38 Creston	1:27:30.45		
10 King, Melissa	W37 Valdese	1:33:30.46		
11 Farrington, Maggie	W39 Boone	1:38:24.28		
12 Harris, Jessica	W34 Vilas, NC	1:45:39.98		
13 Auton, Amy	W30 Vilas	1:45:40.26		
40-49 Results - Women 7Mile Mile Run				
1 Chevront, April	W41 Newland	59:15.46		
2 Kell, Paige	W43 Fort Mill	59:56.03		
3 Welsh, Anna	W42 Boone	1:02:02.13		
4 Jones, Donna	W48 Boone	1:02:16.76		
5 Eller, Natalie	W41 North Wilkesboro	1:03:28.96		
6 Maiden, Sabena	W46 Banner Elk	1:04:13.72		
7 Ellington, Teresa	W45 Gastonia	1:05:47.41		
8 Cook, Carol	W40 Anywhere, NC	1:07:01.78		
9 Maiden, Emily	W43 Banner Elk, NC	1:07:49.32		
10 Dyer, Jackie	W47 Boone	1:13:32.53		
11 Pollard, Amanda	W40 Locust	1:20:01.15		
12 Smith, Jennifer	W43 Raleigh	1:23:09.63		
13 Orders, Connie	W42 Valdese	1:33:30.12		
50-59 Results - Women 7Mile Mile Run				
1 Lucas, Mary	W53 Valdese, NC	1:02:15.32		
2 Howell, Lisa	W58 Raleigh	1:06:06.13		

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3	Lee, Rhonda	W50 Morganton, NC	1:10:27.13
4	sapp, marinda	W51 raleigh	1:11:29.55
5	Hoover, Alicia	W51 Boone	1:12:52.31
6	Jensen, Dawn	W50 Banner Elk	1:13:20.15
7	Maas, Andrea	W50 Greensboro	1:14:34.15
8	Vonnegut, Beth	W59 Lenoir, NC	1:15:43.23
9	Weiland, Mary	W53 Athens	1:19:02.17
10	Queen, Kelly	W50 Apex, NC	1:29:47.09
60-69 Results - Women 7Mile Mile Run			
1	Marshall, Pamela	W69 Palmetto Bay	1:14:23.64
19 & Under Results - Men 7Mile Mile Run			
1	Horine, Cole	M12 Boone	55:26.26
2	Cox, Caleb	M15 Boone	59:07.24
3	Maas, Daniel	M15 Greensboro	1:00:24.50
20-29 Results - Men 7Mile Mile Run			
1	Hanne, Brad	M26 Huntersville	47:35.12
2	Paprocki, Daniel	M28 Cary	50:04.38
3	Minor, Joshua	M28 Hurdle Mills	51:48.64
4	Will, Josiah Jeremy	M29 Belmont	56:34.93
5	Janicello, Ezekiel	M21 Burlington	1:10:40.30
6	Starnes, Robert	M28 Greenville, NC	1:14:18.00
7	Mccraw, Conner	M23 Hendersonville	1:14:33.35
8	Sheldon, Josiah	M26 Banner Elk	1:14:33.89
9	Miller, Jonah	M26 Blowing Rock	1:18:46.34
30-39 Results - Men 7Mile Mile Run			
1	critcher, caleb	M33 deep gap	44:21.74
2	Klosterman, Nick	M38 Dayton	51:11.60
3	Bowers, David	M38 Crumpler	53:09.53
4	Williams, Blake	M31 Greensboro	55:15.69
5	Mash, Scott	M35 Fleetwood	56:17.84
6	Carter, Halcott	M33 Everett, MT	1:01:55.29
7	Brown, Johnny	M36 Zionville	1:02:36.19
8	Harris, Daniel	M35 Vilas, NC	1:04:31.07
9	Toulouse, Wayne	M36 Mooresville	1:05:25.57
10	Morefield, Jonathan	M39 Mountain City	1:18:50.16
11	Compton, Christian	M34 Charlotte	1:30:08.88
40-49 Results - Men 7Mile Mile Run			
1	Larson, Christopher	M40 Banner Elk	45:30.49
2	Best, Shane	M44 Valle Crucis	56:06.11
3	Maness, Anthony	M45 Robbins	1:01:21.46
4	Powel, Daniel	M48 Waxhaw	1:04:10.29
5	Putnam, Robert	M48 Bessemer City	1:05:33.57
6	Klein, Holly	M41 Boone	1:05:45.64
7	Bradbury, Mark	M43 Boone	1:05:54.02
8	Kell, Jay	M46 Fort Mill	1:06:27.00
9	Thompson, Ken	M43 Vilas, ND	1:08:26.80
10	Pollard, William	M41 Locust	1:20:01.46
11	Carter, Dale	M42 Blowing Rock	1:21:52.50
12	Catron, Daniel	M46 Estero	1:22:56.56
50-59 Results - Men 7Mile Mile Run			
1	Middlesteadt, Wayne	M54 Boone	52:04.52
2	Eller, Glenn	M54 North Wilkesboro	53:44.16
3	Will, Josiah Jordan	M58 Bessemer City	56:44.15
4	Spell, Stephen	M57 West Jefferson	57:36.49
5	starnes, george	M57 columbia	58:08.53

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6	Jensen, Scott	M50	Banner Elk	59:36.40
7	Maas, Brian	M54	Greensboro	1:08:17.56
8	gagnon, neal	M59	raleigh	1:11:29.79
9	trivette, david	M54	deep gap	1:18:11.18
10	Hudler, Dale	M57	Jefferson, NC	1:46:31.16
60-69 Results - Men 7Mile Mile Run				
1	Zachary, Benjamin	M61	Taylorsville	57:30.34
2	Flanigan, Robert	M64	Boone	1:00:46.86
3	McGrath, Greg	M67	Winston-Salem	1:10:59.69
4	Weiland, Charlie	M66	Athens	1:19:26.71
70+ Results - Men 7Mile Mile Run				
1	Grubbs, Howard	M71	Blowing Rock, NC	1:15:01.33
2	Marshall, John	M70	Palmetto Bay	1:18:35.46