

The Knob Run - 10/8/2016
 Hosted by Girls on the Run
 Boone, NC
 Results

Event 1 Women 19&U 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 19 & Under			
27 Denlea, Sera	18 Boone, NC	24:44.41	

Event 1 Women 20-29 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 20-29			
17 Tally, Melissa	21 Boone, NC	23:22.46	
19 Howard, Jessica	26 Newland, NC	23:35.40	
32 Cook, Alexa	20 Boone, NC	25:26.13	
36 Welborn, Hannah	20 Boone, NC	26:17.90	

Event 1 Women 30-39 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 30-39			
6 Garvick, Sarah	31 Boone, NC	20:43.40	
25 Moretz, Becky	38 Boone, NC	24:32.46	
30 Hutelmyer, Emily	31 Boone, NC	25:08.96	
37 Gibbons, Trisha	30 Boone, NC	26:18.36	
41 Brinegar, Brandi	38 Boone, NC	26:53.67	
42 Eggers, Lori	38 Fleetwood, NC	27:13.47	
54 Vilord, Kathleen Lee	34 Pittsburgh, PA	31:12.29	
59 Mercer, Elizabeth Lisa	35 Jacksonville, NC	32:58.48	
61 Buchanan, Lyndsey	32 Wake Forest, NC	39:21.97	
64 Scott, Julie	37 Boone, NC	42:57.40	
65 Profitt, Tabitha	39 Wilkesboro, NC	50:19.79	

Event 1 Women 40-49 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 40-49			
22 Beard, Lisa	42 Wilkesboro, NC	24:00.16	
29 Markland 2, Ella	45 Elk Park, NC	24:59.02	
39 Cook, Lisa	46 Clyde, NC	26:42.12	
44 Klein, Holly	40 Boone, NC	27:57.72	
46 Eller, Natalie	40 North Wilkesboro, N	28:25.64	
47 Holland, Kim	42 North Wilkesboro, N	28:43.32	
57 Trivett-Clark, Eva	45 Newland, NC	31:55.81	
58 Willmott, Sandra	46 Lewisville, NC	32:30.29	
63 Smith, Jennifer	42 Raleigh, NC	42:13.06	

Event 1 Women 50-59 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 50-59			
45 Anderson, Karen	50 Denver, NC	28:13.63	
52 Vanderford, Donna	53 Elon, NC	30:48.80	
60 Buchanan, Linda	57 Dallas, NC	35:47.01	

Event 1 Women 60-69 2 Mile Run

Name	Age Team	Finals	Points
Results - Women 60-69			
62 Schuster, Betty	68 Mooresville, NC	41:14.02	

Event 1 Men 19&U 2 Mile Run

Name	Age Team	Finals	Points
Results - Men 19 & Under			
23 Cox, Caleb	14 Boone, NC	24:11.91	
35 Campbell, Samuel	11 Granite Falls, NC	25:45.88	
49 Paprocki, Nathan	19 Boone, NC	29:52.48	

Event 1 Men 20-29 2 Mile Run

Name	Age Team	Finals	Points
Results - Men 20-29			
2 Georgescu, Vincent	25 Boone, NC	18:00.21	
3 Holman, Cameron	29 Boone, NC	18:33.09	
4 Worley, Ronald	21 Boone, NC	18:47.97	
7 Shadomy, Zachary	21 Boone, NC	20:48.10	
10 Paprocki, Daniel	27 Cary, NC	21:42.17	
13 Campano, Derek	23 Boone, NC	22:29.81	
15 Kinder, Andrew	29 North Wilkesboro, N	23:09.66	
16 Turner, Nicholas	21 Boone, NC	23:18.13	
21 Kirby, Tripp	24 Boone, NC	23:53.49	
43 Lewis, Brian	27 River Ridge, LA	27:23.94	
56 Coughenour, Dylan	27 Pittsburgh, PA	31:47.01	

Event 1 Men 30-39 2 Mile Run

Name	Age Team	Finals	Points
Results - Men 30-39			
1 Critcher, Caleb	32 Deep Gap, NC	17:33.15	
9 Hutchins, Travis	34 Boone, NC	21:41.22	
24 Harless, Daniel	32 West Jefferson, NC	24:18.93	
28 Moretz, Joel	35 Boone, NC	24:52.29	
33 Mash, Scott	35 Fleetwood, NC	25:29.23	
51 Buchanan, Duane	34 Wake Forest, NC	30:39.26	

Event 1 Men 40-49 2 Mile Run

Name	Age Team	Finals	Points
Results - Men 40-49			
5 Williams, John	46 Banner Elk, NC	20:23.57	
8 Rupp, Matthew	42 Boone, NC	21:05.27	
12 Coffey, Ivan	43 Boone, NC	22:11.60	
18 Nystrom, Mark	47 Boone, NC	23:34.05	
20 Hendricks, Lewis	43 Boone, NC	23:51.11	
26 Vanderford, Johnny	49 Whitsett, NC	24:36.33	
38 Maness, Anthony	44 Robbins, NC	26:33.67	
40 Van Osdol, Todd	47 Lenoir, NC	26:49.17	
55 Triplett, Greg	45 Zionville, NC	31:17.11	

Event 1 Men 50-59 2 Mile Run

Name	Age Team	Finals	Points
Results - Men 50-59			

11	Ryder, Steve	57	Wilkesboro, NC	21:57.51
14	Blevins, Tony	50	Wilkesboro, NC	22:58.47
31	Spell, Stephen	57	West Jefferson, NC	25:09.70
48	Jacobson, Steven	54	Raleigh, NC	29:29.76

Event 1 Men 60-69 2 Mile Run

Name	Age Team	Finals	Points	
Results - Men 60-69				
34	Flanigan, Robert	63	Boone, NC	25:42.84
50	Benson, Stephen	68	Todd, NC	30:38.66

Event 1 Men 70-108 2 Mile Run

Name	Age Team	Finals	Points	
Results - Men 70-108				
53	Grubbs, Howard	70	Blowing Rock, NC	31:11.44