

Blue Cross-Blue Shield of North Carolina
Institute for Health and Human Services
Annual Report for 2014-2015

Appalachian State University
College of Health Sciences

The Annual Report reflects the BCBS-NC IHHS focus on improving regional health and well-being through a three pronged approach: research, outreach, and clinical services. The IHHS, as part of Appalachian State University's College of Health Sciences, must hold training and education of students as paramount to all activities. The IHHS aspires to meet its objectives by connecting faculty, staff and students with regional partners to fulfill its mission and train future generations of health and human service professionals in the art and science of regional transformational.

As defined this year by the IHHS Task Force:

“The mission of the Blue Cross and Blue Shield of North Carolina Institute for Health and Human Services, within the Beaver College of Health Sciences, is to promote multidisciplinary research opportunities, clinical services, community outreach, and training programs related to holistic health and well-being with the overarching goal of improving lives through transformative social, environmental, and healthcare advances.”

The remainder of this report is divided into three sections representing each area of focus: Research, Outreach, and Clinical Services. It must be acknowledged that Research, Outreach, and Clinical Services are intertwined and will become more intertwined as the IHHS realizes its objectives in the years ahead. This division in this report reflects the need to define financial divisions more than goal-oriented objectives. The IHHS Task Force will continue to examine the methodology of annual reports as it continues to define the future of the Institute.

Research

Purpose

One of the primary goals of the IHHS is to increase its research activity, making it the backbone of the three pronged approach of connecting Appalachian State to the region for transformative change in health and well being—the other two being outreach and clinical service. Critical to all research efforts is the integration of students in all aspects: grant writing, conducting research and collecting data, and analyzing and disseminating results. Research can provide external funds to support the other activities of the IHHS, and external funds geared toward student training, clinical services, or outreach may, and should, create research opportunities. Thus, outreach and clinical services can be provided in an empirically responsible way as to collect, analyze, and disseminate data to demonstrate the effectiveness of our methods.

Funding

In the 2014-2105 academic year 10 external grants were either submitted for funding or managed through the IHHS (see Table). Three grants closed out and four new grants were submitted and subsequently funded. Three grants were submitted and not funded. Dr. Tandra Carter received two related grants from the HIV Prevention Trials Network. These closed out in November of 2015. Dr. Karen Caldwell's grant investigating tai chi chuan on anxiety and sleep, funded by NIH, closed out in August of 2015.

Dr. Gary McCullough brought with him a three year NIH research grant investigating treatment of muscle tension dysphonia which will run through next year.

The remainder of funded grant activities were training-focused grants with underlying research objectives.

1) One grant, initially funded for the NC School Health Training Center, was picked up by the IHHS and completed with the help of Dr. Gutschall in Nutrition. No additional work on this grant will be conducted, nor will data be collected or published.

2) Eighteen months of funding was received from the Golden Leaf Foundation to train students in delivery of rural health services. To do this, we are investigating the utility of telehealth technology for improving student access to these populations. This grant was submitted with the help of the Area Agency on Aging and Wake Forest Baptist Medical Center's Physician Assistants program.

3) A three year grant was awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to train students in administering a screening, brief intervention, and referral for treatment protocol for substance use disorders. This was submitted with the help of Annette Ward and Heather Thorpe, social work faculty, as well as a number of regional partners from Wake Forest, the Lazarus Project, and the Department of Health.

Task Force Directions

The IHHS Task Force met three times in the 2014-2015 academic year, and much progress was made. A new mission statement was formulated, and members have directed research efforts of the IHHS to focus on interprofessional projects aimed specifically at improving health and well-being of people in our region. It was determined that any faculty at Appalachian could submit grants through the IHHS in keeping with this focus but that interprofessional efforts would receive priority, especially those with faculty involvement from the BCHS. In addition, it was decided that we would incentivize grant submissions through IHHS with an 8% return on indirect costs to the principal investigators for furtherance of their research efforts.

Staffing

With the acquisition of two new external grants, the IHHS was able to fund 75% salary on a clinical research coordinator. Carol Cook, who has served as an outreach assistant in recent years, was chosen for this position and will be working predominantly on completing the Golden Leaf project and the SAMHSA SBIRT project for the coming year.

In addition, Dean Whitt approved funding to hire a grant writer for the IHHS. Dr. Daniel Proud is completing a post-doctoral research experience in Argentina and will be joining the IHHS in January. With his help, the IHHS should be able to greatly increase the number of grant submissions in the coming years. As he is starting half way through the 2015-2016 academic year, more progress is expected in the 2016-2017 academic year.

Summary

In summary, the IHHS has begun to intensify efforts to increase its research and training focus. With two new external grants awarded directly to the IHHS, the hiring of a clinical research coordinator, and the hiring of a grant writer, the future looks bright for achieving initial goals set by the IHHS task force. Much more is needed to meet the overarching objective of transformational change in regional health and well-being, but the 2014-2015 year has been productive and targeted in its efforts.

Title	Lead PI	Sponsor	Admin Award	Award Amount	Prime Account	Start Date	End Date
Appalachian SBIRT Student Training	Gary McCullough	Substance Abuse and Mental Health Services Administration (SAMHSA)	Institute for Health & Human Services, IHHS	\$105,873.00	552117	7/01/2015	6/30/2018
Appalachian State University College of Health Sciences Rural Health Outreach Collaborative Planning	Gary McCullough	Golden LEAF Foundation	Institute for Health & Human Services, IHHS	\$175,000.00	559098	5/01/2015	1/02/2017
Healthy School Nutrition Environment	Gary McCullough	Davidson County Health Department	Institute for Health & Human Services, IHHS	\$78,545.78	557438	5/13/2014	6/30/2015
Factors Affecting HIV Risk Behaviors and Mental Health in Sexual Minority Women	Tandrea Carter	HIV Prevention Trials Network	Institute for Health & Human Services, IHHS	\$20,926.00	559966	5/01/2013	11/30/2014
Factors Affecting HIV Risk Behaviors and Mental Health in Sexual Minority Women	Tandrea Carter	HIV Prevention Trials Network	Institute for Health & Human Services, IHHS	\$43,466.00	559966	5/01/2013	11/30/2014
Treating Laryngeal Hyperfunction with Flow Phonation	Gary McCullough	NIH National Institute on Deafness and Other Communication Disorders (NIDCD)	Institute for Health & Human Services, IHHS	\$308,591.00	552101	9/19/13	8/31/16
Effects of tai chi chuan on psychobiological indicators of anxiety and sleep quality in young adults	Karen Caldwell	NIH	Institute for Health & Human Services, IHHS	\$393,140.00	552068	9/1/12	8/31/15
Improving NC County Health Rankings	Sandi Lane	University of Wisconsin	Institute for Health & Human Services, IHHS		Not Funded		
Neuromechanical Healing after Acute Ankle Sprain	Alan Needle	American College of Sports Medicine Foundation (ACSM)	Institute for Health & Human Services, IHHS		Not Funded		
The effect of heating on sleep architecture to mitigate pain	Scott Collier	NIH National Center for Complementary and Alternative Medicine	Institute for Health & Human Services, IHHS		Not Funded		

Community Outreach

SUMMARY

In 2014-15, the Blue Cross and Blue Shield of North Carolina Institute for Health and Human Services (IHHS) Division of Community Outreach continued to be actively involved in community programming and collaboration. Led by IHHS Associate Director Mary Sheryl Horine as the sole FTE, staff also included Carol Cook, Program Coordinator (50% FTE) and Jackie Dyer, Girls on the Run Site Coordinator (50% temporary employee).

In its seventh year of operation, the Division continued six projects; received five local grants; formed collaborations with thirteen community organizations; sponsored one community forum; advised one student club; and represented IHHS at four health fairs/forums. Additionally, Carol Cook taught two sections of First Year Seminar to the Active Living Residential Community (ALRC). The ALRC fosters an environment that encourages a well-rounded balance of mind, body and spirit in order to achieve personal and academic success. Division staff attended numerous trainings to enhance programmatic development. In total, the Division supervised 10 interns and relied upon the support of 562 community volunteers (ASU and broader community).

In order to unite the University's resources with community need in the areas of health and human services, the following projects were undertaken during FY 14-15:

1. Community Resource Directory (CRD):

Numerous community partners have commented on the lack of a central clearinghouse of local service providers and resources in the areas of health and human services. The Division continued research around community resources in a 3-county area and compiled them into a database using MySQL. The database was then converted into a format that functions with the Drupal content management system that the university utilizes.

Considerable effort was devoted to the never-ending task of verifying and updating content. Two interns were shared with the ASU Parent to Parent Network in the College of Education. Each intern contributed approximately 80 hours to assist with data cleaning and updates.

The CRD currently lists 378 service providers with full descriptive information including fee structure, populations served, referral information, contact information and links to websites. The directory remains free to both search and to post content to for health and human service providers in the high country.

2. Girls on the Run of the High Country (GOTR-HC):

Beginning in 2009, BCBS of NC IHHS has been the affiliate sponsor for the Girls on the Run of the High Country (GOTR-HC) council. Mary Sheryl Horine currently serves as the Council Director and a member of the Advisory Committee. The mission of the project is to educate and prepare pre-teen girls in the 3rd – 8th grade for a lifetime of self-respect and healthy living. The international organization was founded in 1996 and currently has councils in 200+ communities with over 150,000 participants annually. The core curriculum of the program addresses many aspects of girls' development- their physical, emotional, mental and social well-being. Lessons provide girls with the tools to make positive

decisions and to avoid risky adolescent behaviors. An advisory board of High Country leaders support the council as well as form governance and legal structure and to administer the curriculum.

In FY 14-15, GOTR-HC offered two 12-week programs, one each during the fall semester and spring semester. Additionally, GOTR-HC piloted a summer camp program which is described below. The 12-week programs consisted of 27 different teams of girls at 20 sites with a total of 330 girls participating. Coaching staff consisted of 80 volunteers to work with the girls two days per week for the duration of the program. Each site was required to have at least one head coach over the age of 18 with CPR and First Aid certifications. All coaches had valid multi state background checks completed. The 80 coaches consisted of 27 elementary school teachers, 23 ASU students (including 5 academic year interns), 26 community members and 4 faculty/staff.

Two new-coach trainings were held in 2014-2015. Each training lasted 5 hours and covered the basics of curriculum delivery. A coach training was also held for the two summer GOTR-HC interns. A CPR/First aid training was held in the fall after the new-coach training. Two centrally located mid-season coach update meetings were held. Each site received a minimum of one site visit to monitor program administration and delivery and to troubleshoot any issues.

As the culmination of the GOTR curriculum, participants take part in a 5k run with the goal of completing the 3.1 miles. The fall 2014 ZAP Fitness GOTR-HC 5k, scheduled to take place at Valle Crucis Park, had to be cancelled because of deteriorating weather conditions. All registrations for the event were transferred to the spring 2015 event. The spring 5k was held at a new venue for GOTR-HC-- the Lowes River Edge Park in Wilkesboro, NC. With approximately 250-300 participants and 250 running buddies and another 200 spectators, this was the largest GOTR-HC event to date. A planning committee of 8 volunteers assisted with the coordination of the 5k events.

GOTR-HC piloted a summer day camp program over a 2-week period in July. Two interns served as the coaches/counselors for the camp. The summer camp was able to incorporate all 24 lessons in the GOTR curriculum including a day-long community impact project. The camp was enhanced by physical activity, nutrition and creative blocks to round out each 8 hour camp day. Home base for the camp was the APPRHS Paul Broyhill Wellness Center where girls were dropped off and picked up. Each girl was instructed to pack a lunch, 2 snacks and a water bottle for each day of camp. The registration fee for each camper was \$300 and no scholarships were requested. Camp activities outside of the GOTR curriculum included 1 ranger-led environmental hike and 2 other hikes, instruction in ultimate Frisbee, a trip to the Hunter/Jumper horseshow at the Blowing Rock Equestrian preserve, basketball instruction from the ASU women's basketball team, tennis instruction, soccer instruction, daily swimming, a trip to Wildcat Lake in Banner Elk, a tour of Menchie's with sampling, yoga instruction by Catherine Scantlin, Zumba instruction by Gwen Zhing and nutritional cooking classes. The community impact project consisted of a shift at the F.A.R.M. Café followed by a sustainability tour of ASU and a trash pick-up project.

Seventy-two percent of GOTR-HC participants in 2014-15 received scholarship support in order to register for the program. Program fees for participants, lowered from previous years, were based on a sliding scale. Girls who qualified for free/reduced lunch paid a \$25 fee; girls with extenuating financial

circumstances paid \$75; and the full program fee was \$100. Eight girls in 2014-15 paid no program fees. An important aspect of GOTR-HC is to adequately fundraise so that the ability to pay program fees is not a barrier to participation. Projects 3 and 4 below summarize GOTR-HC fundraising efforts. Other special projects within GOTR-HC in 2014-15 included a) Organizational strategic planning; b) Shoe fund development and c) Lunafest.

a. With the assistance of Ari Harris, development officer for the ASU College of Health Sciences, the Advisory Board completed a strategic planning process. A five-year plan was developed that incorporated the following five most important goals:

- Board development
- Program growth
- Staff growth
- Coach recruitment
- Income and sponsorship enhancement

b. A recurring program need is that of adequate footwear for program participants. In past years, GOTR-HC has been able to purchase shoes for all program participants. However because of the large number of participants this is no longer feasible. In 2014-15 we looked for a community retail partner that could offset the cost of full-priced shoes. Mast General Store offered GOTR-HC participants a 50% discount on Brooks running shoes. Because the timing of the offer was towards the end of the season, relatively few girls were able to take advantage of the discount. Other opportunities for shoe provision programs will continue to be researched.

c. LUNAFEST is a nationally touring film festival dedicated to promoting awareness about women's issues, highlighting women filmmakers, and bringing women together in their communities. For the third year, GOTR-HC has teamed with Mast General Store and the Women's Fund of the Blue Ridge to bring the festival to the High Country. A showing of the films was offered on campus in the Greenbriar Theater as well as in the community at the Harvest House. Proceeds of the film festival benefit the Breast Cancer Fund, Girls on the Run and the Women's Fund of the Blue Ridge. Attendance was very low at this year's events (~30 people) and after paying the fees to rent the Harvest House, the event incurred a deficit of \$200.

Luck o' the Lassie (LOL) is the primary fundraiser for GOTR-HC. Advisory team meetings for the event began in December when fundraising goals were set. The event was held on St. Patrick's Day and held at The Inn at Ragged Gardens/Best Cellar restaurant. A unique twist at this year's event was the highlighting of auctioneer Jesse Miller. Film crews from PBS (Public Broadcasting Services) filmed the event and interviewed GOTR-HC coaches and board members to be included in a documentary film about Jesse Miller and his auctioneering expertise. This year's event had 65 attendees and raised over \$12,500 through the live auction and donations. The Leigh Cooper Wallace Making a Difference Award was presented to long time GOTR-HC coach Jesse Presnell.

High Country Triple Crown (HCTC) is the premier adult running race series in the High Country and also GOTR-HC's second largest fundraiser. Organized by a planning team of 7 community members and ASU faculty/staff, the events consisted of The Cub (seven mile race), The High Country Half Marathon and The Knob (2 miles). In addition, The Bonk was added this year as a 2 mile run down Howard's Knob that ran simultaneously with The Knob. In total, 385 people participated in the series with 40 people volunteering at the events. The 2014-15 HCTC contributed \$8,000 to GOTR-HC.

GOTR-HC Budget Information

INCOME 2014-15

Private and corporate gifts/sponsorship:	\$3,000.00
Grant support:	\$5,000.00
(Women's Fund of the High Country, High Country Recreation, Mountain Electric Cooperative)	
Earned Income:	\$8,340.00
Luck o' the Lassie Event	\$12,500.00
High Country Triple Crown Events	\$8000.00
TOTAL Income	\$36,840.00

EXPENSES 2014-15

Personnel	\$9,785.00
Professional Services	\$2,345.00
Office	\$71.00
Travel	\$662.00
Special Event	\$472.00
Program Administration	\$7,273.00
Licensing	\$2,345.00
5k	\$1,570.00
TOTAL Expenses	\$24,523.00

3. Crinkleroot Retreat:

In a response to the Autism Community Needs Assessment conducted in 2009, Crinkleroot Retreat held its 5th Annual Retreat for kids ages 8-14 with an autism diagnosis. The name "Crinkleroot" was derived from a healing herb called crinkleroot that grows in the Blue Ridge region during April, which is recognized as Autism Awareness Month.

Crinkleroot 2015 was led by intern Deborah Thomas, an undergraduate psychology major who had been a previous Crinkleroot counselor. Twenty-eight ASU undergraduate and graduate students served as counselors for the camp. All campers had a one to one camper/counselor ratio and other counselors organized group activities. Heather Holt-Hill, Director of Camp Lakey Gap provided a 4-hour training to volunteers who had varying levels of experience working with people on the autism spectrum.

The camp weekend began on Friday night with a dinner for faculty, students, campers and campers' families. During this event, one to one counselors met with the 8 campers and parents to review special needs and behavior management plans for camp attendees. The following day, campers were dropped off at Camp Broadstone where Crinkleroot was held. Over the course of the next two days, campers participated in typical camp activities such as field games, arts and crafts, camp songs, board games, hikes, a campfire, smores, etc. The camp concluded with a talent show and awards given to each camper to recognize their achievements and special characteristics.

4. Community Health and Mobility Partnership (CHAMP):

CHAMP is an ASU and community partnership designed to improve strength, balance and mobility and to prevent falls in older adults and people with disabilities. The program offers a multidisciplinary approach with a team of providers including physical therapists, nurses, athletic trainers, physician assistants, gerontology practitioners and other allied health professionals. CHAMP works to decrease the amount of falls in the county by testing the patients and then, if necessary, recommending them to an appropriate health care provider. Students from the various disciplines listed above engage CHAMP participants while receiving oversight from practicing professionals and ASU faculty. Following a thorough assessment, follow-up recommendations are made for participants in order to maintain their balance and health as they age. Following each screening, students of the Wake Forest PA program conduct follow-up phone calls to answer questions from participants. Prior to each participant's next scheduled appointment, he or she receives another phone call to check in and to confirm the appointment. All results from CHAMP screenings are faxed to each participant's primary health care provider when provider's contact information is supplied. All CHAMP screenings are free of charge. In 2014-15, CHAMP conducted assessments monthly at the McDowell County Senior Center in Marion as well as the Watauga Senior Center and Appalachian Brian Estates in Boone, and at the Quest for Life center in Caldwell County. Services were provided to 277 older adults. Volunteers contributed over 196 hours to the program and consisted of 332 students/faculty/staff from nutrition, health promotion, athletic training, physical therapy, physician's assistants, gerontology, sociology, nursing and exercise science.

An advisory team for local CHAMP planning was put in place this year with 8 members representing various disciplines and organizations. Three people from the advisory team initiated an effort to form a statewide Steering Committee in order to clarify techniques, program evaluation and outreach. The Steering Committee was successfully formed and met three times with 20 people in attendance. Accomplishments for the steering committee included the finalization of a mission statement, work towards a standard operating procedures manual, logo and design conceptualization and combined scheduling for all CHAMP offerings in the three counties.

In FY 15/16 CHAMP would like to be able to expand research initiatives and possibilities. In order to make progress towards this goal, IRB approval needs to be in place. After 5 meetings with Robin Tyndall, chair of the IRB committee, approval was received. Consent forms to participate in CHAMP were amended and confidentiality agreements for providers were developed in order to safeguard participants and to protect their rights and welfare should future research take place.

The CHAMP program was awarded a \$1000 grant from the Adult Services Coalition to be used for equipment purchases for CHAMP. Additional equipment funding was received from the Thorp Faculty Engaged Scholar Funds at UNC Chapel Hill. Funds were used to purchase a hand dynamometer, scales, pulse ox, pillow covers, a portable examination table and weights. Members of the local steering committee attended a Free Your Feet training which will enable local CHAMP participants to be eligible for balance-worthy shoes that will be supplied free of charge during the FY 15-16 FY.

5. Resource Lending Library (RLL):

The Division of Community Outreach continues to make the Resource Lending Library available to community members for the purpose of increasing access to physical activity. Items in the RLL were shared with 6 different organizations and utilized by 525 people of varying ages. Summer interns

assisted in the inventory process and organization of the RLL. As equipment has become outdated or broken, there will be a need in FY 15-16 to replace numerous items in the library.

6. Project EMMA (Eat Better, Move More, Age Well):

Project EMMA was started in 2011 in conjunction with the Buncombe County Council on Aging. A community health assessment in the senior population identified various health related issues such as arthritis, high blood pressure, difficulty walking, diabetes, depression and lack of adequate nutrition. Project EMMA was started in an attempt to improve health outcomes through increasing access to fruits/vegetables and physical activity in older adults. In the High Country Project EMMA is offered at the Lois E. Harrill Senior Center and is maintained through the Division in collaboration with the ASU ASDA Club. Goals for FY14/15 included increasing physical activity through more opportunities, increasing access to foods grown within a 100 mile radius of Boone, increasing consumption of fruits and vegetables and increasing access to different types of therapies. Bi-monthly programs were offered at the senior center. Project EMMA relied on the following ASU students as volunteers for the program: 30 ASDA students, 8 health promotion students and 2 recreation management students.

Clinical Services

Counseling for Faculty and Staff

Music Therapy

Communication Sciences and Disorders

Counseling for Faculty and Staff Summary Report

CFS Annual Report Statistics

July 1, 2014 – June 30, 2015

Total Clients Direct Service/Workshops	545
Total Clients Direct Service Only	280
Total Employees Counseling (Unduplicated)	165
Students[2] Counseling	31
Consults	23
Total Employees/Grad Student Direct Service	219
Family Members Counseling	61
Faculty (Counseling)	58
Staff (Counseling)	107
Total	165
Direct Service & Workshops	
Employees Counseling/Consult	188
Employees Workshop Attendees	292
Total Employees Served	575
Employees' Divisions (Counseling)	
Academic Affairs	122
Business Affairs	30
Student Development	18
Human Resource Services	2
Athletics	2
University Advancement	1
Chancellor's Office	0
University Attorney	0
Total Employees	160
All Males Counseling	84
All Females Counseling	173
Counseling Clients Total	257
Hours of Counseling	907

Counseling/Consult Issues^[5]	
Anxiety/Stress	85%
Relationships: Partner/Children	38%
Depression	42%
Career/Work Performance	37%
Adjustment	33%
Self-Esteem	34%
Grief/Loss	22%
Health/Illness	10%
Anger Management	9%
Financial	19%
Relationship: Co-worker/Friend	15%
Abuse (Emotional, Physical, Sexual)	11%
Substance Abuse/Dependence	7%
Obsessions/Compulsions	6%
Aging/Retirement	6%
Relationship: Supervisor	9%
Eating Disorder/Weight	11%
Spiritual/Religious	10%
Impulse Control	6%
Post-Traumatic Stress	3%
Suicidal Thoughts	9%
Relationship: Subordinate	1%
Racial/Cultural	3%
Neurological Problems	5%

Trainings	
# of Workshops	23
# of Classes	28
Total	51

Counseling for Faculty and Staff continued to reach a significant segment of the University population. The service completed 121 new intake appointments over the course of the 2014-2015 reporting year. This represents an 18% increase over the prior reporting year.

Staff Training and Professional Development

All staff members of CFS have actively engaged in training and professional development activities to maintain current skills and licensure. Tandra Carter participated in a 40-hour mediation program sponsored by the North Carolina Office of Personal Services. Tandra Carter and Julie Neal participated in a workplace bullying training. Tandra Carter participated in the University’s suicide prevention training. She also was a participant in the University’s Intimate Partner Violence training.

University/Community Engagement

CFS staff strive to be active participants in the university community. Participation has taken the form of serving on university committees and assisting on ad hoc projects. Tandra Carter is a member of the Threat Assessment Team, the Safety Council, and the Suicide Prevention Steering Committee. She also participated as a member of the search team for the Assistant Director of the Office of Equity, Diversity and Compliance. Tandra also participated in the University’s Safety Festival by staffing a table with information regarding the services of Counseling for Faculty and Staff. Tandra Carter also services at the Building Coordinator for University Hall along with Amy Sanders. Tandra Carter participated on the HR Training Counseling focusing of Personal Development.

CFS additionally maintained connections with the university community by providing consults to staff, faculty and administrators.

Upcoming projects and Goals

Counseling for Faculty and Staff is working to help organize an initiative to make mediation services accessible to the university community. We are currently in the process of researching university mediation programs along with other interested members of the university community. We plan to have further meetings and discussions with other members of the university community including individuals representing the following offices: Human Resources, University Ombud’s Office, Office of Equity Diversity and Compliance, Faculty Senate, Staff Senate, University Safety Council.

Consults (22)

S. Jordan
S. Zee
Other housing person
Susan Davies
T. matteson
K. Ray
G. Donovan x3
Tiff S-S
Other Library employee
Amy Galloway
Marth McGinnis
N. Flynn
MC
Financial Aid
General Informaiton – referral
OIED – M. A (x3)
Childcare worker
Everett Nichols
Consult Medication HR – Met with ???
Consult with – JN
Consult with ?? – CS
Phone consult _ JN?

Workshops Classes and retreats

Yoga – 28 classes (40)
Parenting – 10 sessions (45 attendees)
Admissions retreat (30)
Housing Retreat (18)
HPC Retreat (13)
Music Therapy class (15)
Library training (24)
HPC F/U (15)
Psychology Class (28)
Financial Aid retreat (23)
Yoga for PLC (10)
OIED (2hrs) - 12
Two Rivers School - 12
MH in workplace – HR (2hrs) - 5
Supervisory Training (1hr) - 12

Music Therapy IHHS Activity: May 15, 2014-May 15, 2015

CLIENTS SERVED AT UNIVERSITY HALL: 66 INDIVIDUALS, 324 SESSIONS

Group Music Therapy

Population	# Clients	# Sessions
Children with speech/language delays or disabilities	32	44

Individual Active Music Therapy

Population	# Clients	# Sessions
Children with autism spectrum or Emotional/Behavior Disorder	3	54
Children with physical/sensory/communication needs	3	65
Child with medical needs	1	20
Adult with ID/D	1	23
Adult with CVA	1	43
Adolescents with mental health needs	3	42
Total Individual Active Music Therapy	12	247

Individual Receptive Music Therapy

Population	# Clients	# Sessions
Adults with mental health or personal growth issues	23	85

Individual Music Therapy Assessment (SEMTAP for Watauga County Schools)

Population	# Clients	# Assessments
Child with cerebral palsy	1	1

Clients Served by Music Therapy at University Hall	# Clients	# Sessions
TOTAL MUSIC THERAPY AT UNIVERISTY HALL	76	377

CLIENTS SERVED THROUGH AFFILIATIONS WITH OTHER AGENCIES

Agencies served:

Appalachian Regional Behavioral Health
 Appalachian Regional Healthcare System
 Blowing Rock Rehabilitation and Davant
 Extended Care Unit
 Broughton Hospital
 Caldwell County Schools
 Daymark Recovery Services
 Deerfield Assisted Living

Fresenius Medical Care (Kidney Dialysis)
 Glenbridge Health and Rehabilitation
 Hospitality House
 J. Iverson Riddle Developmental Center
 Western Youth Network
 Watauga County Schools
 Watauga Opportunities

Group Music Therapy with Other Agencies

Population	# Clients	# Groups	# Sessions
Children or adolescents (I/DD or autism)	36	12	144
Adults with intellectual or developmental disabilities	30	8	88
Adults with severe and persistent mental illness	48	10	90
"At-risk" adolescents	10	2	22
Older adults with dementia and/or depression	30	10	100
Adolescents with emotional/behavioral issues	4	1	31
Total Group Music Therapy at Other Agencies	158	43	475

Individual Music Therapy with Other Agencies

Population	# Clients	# Sessions
Child with autism	4	20
Teens with mental health needs	2	20
Adults with end-stage renal disease	6	43
Older adults in skilled nursing	6	63
Hospitalized adults	40	40
Adults, substance abuse disorders & homelessness	3	24
Adult with depression	1	15
Child with physical disabilities	1	15
Adults with terminal illness	3	50
Adult with intellectual disability & anxiety disorder	1	10
Adults with chronic pain	8	29
Older adult with neurocognitive disorder	3	30
Older adult with aphasia secondary to CVA	1	11
Total Individual Music Therapy at Other Agencies	79	368

Clients Served by Music Therapy with Other Agencies	# Clients	# Sessions
TOTAL MUSIC THERAPY with OTHER AGENCIES	237	843

TOTAL MUSIC THERAPY 2014-2015	313	1220
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I. Major accomplishments

- Established regular provision of receptive music therapy sessions provided by advanced students
- Increased service provision to community
- Financial donation received from the Sharon L. Bridwell Charitable Trust

II. Major Problems

- Need to make the public aware of available services
- Limits of MT-BCs available to provide services
- Limited funding to cover services for need-based clients

III. Personnel: Key Positions

Music Therapy Clinic Director: Cathy McKinney

Board certified music therapists (MT-BCs) who provided clinical services:

Melody Schwantes, PhD, MT-BC
Katurah Christenbury, MMT, MT-BC
Cindy Tate, MMT, MT-BC
Tim Honig, MMT, MT-BC
Lizzy Barmore, MT-BC
Alexa Dorris, MT-BC
Miranda Grimmer, MT-BC
Cindy Morris, MT-BC
Sarah Renshaw, MT-BC
Chelsea Stith, MT-BC
Ashley Taul, MT-BC

MT-BCs supervising students (part time or part of full-time load)

Christine Leist, PhD, MT-BC
Cathy McKinney, PhD, MT-BC
Liz Rose, PhD, MT-BC
Melody Schwantes, PhD, MT-BC
Katurah Christenbury, MMT, MT-BC
Tim Honig, MMT, MT-BC
Cindy Tate, MMT, MT-BC
Lizzy Barmore, MT-BC
Alexa Dorris, MT-BC
Sarah Renshaw, MT-BC

MT-BC Graduate students = 9

Pre-internship students = 51

IV. Other Comments

Looking forward to the day when we will have increased interdisciplinary collaboration. It seems that with few exceptions the Institute is still in the “parallel play” stage of development.

**Department of Communication Sciences and Disorders College of Health Sciences
Appalachian State University
Charles E. and Geneva S. Scott Scottish Rite Communication Disorders Clinic
Annual Report 2014, January – June 2015**

Communication Sciences and Disorders has been conducting its annual report on the calendar year. To keep consistent with other reporting at Appalachian and in the BCHS, they are transitioning to academic year reporting. Thus, this report contains data from the 2014 calendar year and also the first half of 2015. The next report will follow the 2015-2016 cycle.

The Charles E. and Geneva S. Scott Scottish Rite Communication Disorders Clinic serves as the clinical training component of the Master of Science Program in Speech-Language Pathology in the Department of Communication Sciences and Disorders in the College of Health at Appalachian State University. The Clinic is housed in The Blue Cross Blue Shield of North Carolina Institute for Health and Human Services but provides services clinical educators and students at other facilities, including Watauga Opportunities, various schools in the region, Watauga Medical Center and outpatient rehabilitation center, Blowing Rock Rehabilitation Center, Canon Memorial Hospital, and Foothills Correctional Institution. Each semester, approximately 30 graduate students are involved in clinical education through our clinical program.

In 2014, the CSD Clinical program provided 723 clients with audiologic evaluations and 2,737 clients with hearing screenings. Forty six new clients were evaluated in the on-site clinic and 818 clients were screened for speech and language disorders. Eighty one clients were seen in the clinic for treatment. The Preschool Language Classroom (PLC) provided 403 hours of services to 31 children. In addition, the CSD clinical educators and students provided 15 clients at Watauga Opportunities with nearly 230 hours of treatment, 739 clients at Watauga Medical Center, 164 clients at our Blowing Rock facility, and 476 clients at Foothills Correctional Institution.

In the first half of 2015, the CSD Clinical program provided 388 clients with audiologic evaluations and 1,273 clients with hearing screenings. Fourteen new clients were evaluated in the on-site clinic and 117 clients were screened for speech and language disorders. Forty six clients were seen in the clinic for treatment. The Preschool Language Classroom (PLC) provided 211 hours of services to 21 children. In addition, the CSD clinical educators and students provided 10 clients at Watauga Opportunities with nearly 132 hours of treatment, 369 clients at Watauga Medical Center, 289 clients at our Blowing Rock facility, 46 clients at Canon Memorial, 59 clients at the Wellness Center, and 121 clients at Foothills Correctional Institution. Aphasia support groups and therapy groups for traumatic brain injury continue to serve our community.

The Department of Communication Sciences and Disorders is accredited by the Council on Academic Accreditation of the American Speech-Language-Hearing Association. Our clinical programs and facilities in University Hall meet the rigorous standards of the Council. The Master of Science Degree in Speech-Language Pathology is accredited by

the National Council for Accreditation of Teacher Education and the Bachelor of Science Degree in Communication Disorders is approved by the North Carolina Department of Public Instruction.

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
AUDIOLOGICAL EVALUATIONS					
Outpatient Clients					
Spring 2014	10	1	118	35	129
Summer 2014	5	4	86	1	95
Fall 2014	2	10	118	7	130
Total Outpatient Clients 2014	17	15	322	43	354
Service Hours:					
Spring 2014	8.6	0.6	100.3	35.0	109.5
Summer 2014	4.0	3.0	67.4	1.0	74.4
Fall 2014	2.0	7.2	103.7	6.7	112.9
Total Outpatient Service Hours 2014	14.6	10.8	271.4	42.7	296.8
OSHA Clients					
Spring 2014	0	0	151	0	151
Summer 2014	0	0	52	0	52
Fall 2014	0	0	154	0	154
Total OSHA Clients	0	0	357	0	357
Service Hours					
Spring 2014	0	0	51.5	0	51.5
Summer 2014	0	0	12.0	0	12.0
Fall 2014	0	0	55.0	0	55.0
Total OSHA Service Hours	0	0	118.5	0	118.5
Upper Mountain Research and Winkler Knives Clients					
[Upper Mountain] Spring 2014	0	0	4	0	4
[Winkler Knives] Summer 2014	0	0	8	0	8
Fall 2014	0	0	0	0	0
Total Upper Mountain Research Clients	0	0	12	0	12
Service Hours					
Spring 2014	0	0	1.0	0	1.0
Summer 2014	0	0	2.5	0	2.5
Fall 2014	0	0	0.0	0	0.0
Total Upper Mountain Research Service Hours	0	0	3.5	0	3.5
Grand Total Audiological Evaluation Clients	17	15	691	43	723
Grand Total Audiological Evaluation Service Hours	14.6	10.8	389.9	42.7	415.3

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
AUDIOLOGICAL SCREENINGS					
Public School Screenings					
<i>Clients</i>					
Spring 2014	0	1130	0	0	1130
Summer 2014	0	0	0	0	0
Fall 2014	0	1607	0	0	1607
Total Public School Clients	0	2737	0	0	2737
<i>Service Hours</i>					
Spring 2014	0	16.0	0	0	16.0
Summer 2014	0	0.0	0	0	0.0
Fall 2014	0	19.3	0	0	19.3
Total Public School Service Hours	0	35.3	0	0	35.3
Grand Total Audiological Screening Clients	0	2737	0	0	2737
Grand Total Audiological Screening Service Hours	0	35.3	0	0	35.3
SPEECH/LANGUAGE EVALUATIONS					
<i>Clients:</i>					
Spring 2014	12	3	1	1	16
Summer 2014	9	4	2	0	15
Fall 2014	7	4	4	2	15
TOTAL SPEECH/LANGUAGE EVAL.- CLIENTS	28	11	7	3	46
<i>Service Hours:</i>					
Spring 2014	22.3	8.8	1.0	1	32.1
Summer 2014	16.3	7.1	4.8	0	28.2
Fall 2014	16.6	5.5	4.8	1.2	28.9
TOTAL SPEECH/LANGUAGE EVALUATION SERVICE HOURS	55.2	21.4	10.6	2.2	87.2

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
SPEECH/LANGUAGE SCREENINGS					
Speech Proficiencies					
Clients					
Spring 2014	0	0	225	225	225
Summer 2014	0	0	54	54	54
Fall 2014	0	0	261	261	261
Total Speech Proficiency Clients	0	0	540	540	540
Service Hours					
Spring 2014	0	0	22.5	22.5	22.5
Summer 2014	0	0	5.4	5.4	5.4
Fall 2014	0	0	26.1	26.1	26.1
Total Speech Proficiency Service Hours	0	0	54.0	54.0	54.0
Preschool Screenings					
Clients					
Spring 2014	66	0	0	0	66
Summer 2014	36	0	0	0	36
Fall 2014	130	0	0	0	130
Total Preschool Screening Clients	232	0	0	0	232
Service Hours					
Spring 2014	11.5	0	0	0	11.5
Summer 2014	5.0	0	0	0	5.0
Fall 2014	21.0	0	0	0	21.0
Total Preschool Service Hours	37.5	0	0	0	37.5
Grand Total Speech/Language Screening Clients	260	11	540	543	818
Grand Total Speech/Language Screening Service Hours	92.7	21.4	64.6	66.2	178.7

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
INDIVIDUAL SPEECH/LANGUAGE THERAPY					
Clients					
Spring 2014	11	12	6	2	29
Summer 2014	14	9	3	1	26
Fall 2014	12	19	4	1	26
Total Outpatient Clients	37	31	13	4	81
Service Hours					
Spring 2014	192.9	192.4	61.8	16.7	447.1
Summer 2014	152.7	94.5	11.0	2.0	258.2
Fall 2014	224.9	213.8	51.8	18.2	490.5
Total Outpatient Service Hours	570.5	500.7	124.6	36.9	1196.8
LLP					
Clients					
Spring 2014	0	5	0	0	5
Summer 2014	0	6	1	0	7
Fall 2014	0	6	1	0	7
Total LLP Clients	0	17	2	0	19
Service Hours					
Spring 2014	0	87.9	0	0	87.9
Summer 2014	0	37.3	9	0	46.3
Fall 2014	0	121.6	15	0	136.6
Total LLP Service hours	0	246.8	24	0	270.8
Watauga Opportunities					
Clients					
Spring 2014	0	0	5	0	5
Summer 2014	0	0	5	0	5
Fall 2014	0	0	5	0	5
Total Watauga Opportunities Clients	0	0	15	0	15
Service Hours					
Spring 2014	0.0	0	70	0	70.0
Summer 2014	0.0	0	56	0	56.0
Fall 2014	0.0	0	102.2	0	102.2
Total Watauga Opportunities Service hours	0.0	0	228.2	0	228.2

Appalachian State University
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Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
Individual Preschool Language Classroom (PLC)					
Clients					
Spring 2014	11	0	0	0	11
Summer 2014	10	0	0	0	10
Fall 2014	10	0	0	0	10
Total PLCC Clients	31	0	0	0	31
Service Hours					
Spring 2014	155.1	0	0	0	155.1
Summer 2014	99.3	0	0	0	99.3
Fall 2014	148.9	0	0	0	148.9
Total PLCC Service hours	403.3	0	0	0	403.3
Hanan Parent Education Program					
Clients					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	4	0	4
Total Hanan Clients	0	0	4	0	4
Hanan Parent Education Service Hours					
Spring 2014	0.0	0	0	0	0.0
Summer 2014	0.0	0	0	0	0.0
Fall 2014	0.0	0	48	0	48.0
Total Hanan Service Hours	0.0	0	48	0	48.0
Grand Total Individual Therapy Clients	68	48	34	4	150
Grand Total Individual Therapy Service Hours	973.8	747.5	424.8	36.9	2146.1

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
GROUP SPEECH/LANGUAGE THERAPY					
PLC					
Clients					
Spring 2014	11	0	0	0	11
Summer 2014	10	0	0	0	10
Fall 2014	10	0	0	0	10
Total PLCC Clients	31	0	0	0	31
Service Hours					
Spring 2014	1207.1	0	0	0	1207.1
Summer 2014	762.8	0	0	0	762.8
Fall 2014	1236.2	0	0	0	1236.2
Total PLCC Service Hours	3206.1	0	0	0	3206.1
Hanen Clients					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2013	4	0	0	0	4
Total Hanen Clients	4	0	0	0	4
Hanen Service Hours					
Spring 2014	0.0	0	0	0	0.0
Summer 2014	0.0	0	0	0	0.0
Fall 2014	33.6	0	0	0	33.6
Total Hanen Service Hours	33.6	0	0	0	33.6
Grand Total Group Therapy Clients	35	0	0	0	35
Grand Total Group Therapy Service Hours	3239.7	0	0.0	0	3239.7

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
CONTRACTED SERVICES					
Watauga Medical Center					
Clients					
Spring 2014	0	0	298	0	298
Summer 2014	0	0	178	0	178
Fall 2014	0	0	263	0	263
Total Watauga Medical Center Clients	0	0	739	0	739
Service Hours					
Spring 2014	0	0	343.5	0	343.5
Summer 2014	0	0	159.0	0	159.0
Fall 2014	0	0	250.5	0	250.5
Total Watauga Home Health Care Service Hours	0	0	753.0	0	753.0
Wellness Center Clients					
Clients					
Spring 2014	0	0	49	0	49
Summer 2014	0	0	29	0	29
Fall 2014	0	0	31	0	31
Total Watauga Medical Center Clients	0	0	109	0	109
Service Hours					
Spring 2014	0	0	114.0	0	114.0
Summer 2014	0	0	119.3	0	119.3
Fall 2014	0	0	137.0	0	137.0
Total Watauga Home Health Care Service Hours	0	0	370.3	0	370.3

Appalachian State University
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Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
Canon Memorial Hospital					
Clients					
Spring 2014	0	0	78	0	78
Summer 2014	0	0	27	0	27
Fall 2014	0	0	23	0	23
Total Watauga Medical Center Clients	0	0	128	0	128
Service Hours					
Spring 2014	0	0	90.0	0	90.0
Summer 2014	0	0	29.0	0	29.0
Fall 2014	0	0	31.0	0	31.0
Total Watauga Home Health Care Service Hours	0	0	150.0	0	150.0
Blowing Rock Medical Center					
Clients					
Spring 2014	0	0	93	0	93
Summer 2014	0	0	15	0	15
Fall 2014	0	0	56	0	56
Total Watauga Medical Center Clients	0	0	164	0	164
Service Hours					
Spring 2014	0	0	283.0	0	283.0
Summer 2014	0	0	42.0	0	42.0
Fall 2014	0	0	360.0	0	360.0
Total Watauga Home Health Care Service Hours	0	0	685.0	0	685.0

Appalachian State University
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Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
Correctional Facilities					
Foothills Correctional Institution					
Clients					
Spring 2014	0	0	223	0	223
Summer 2014	0	0	74	0	74
Fall 2014	0	0	179	0	179
Total Foothills Correctional Institution Clients	0	0	476	0	476
Service Hours					
Spring 2014	0	0	242.18	0	242.18
Summer 2014	0	0	209.74	0	209.74
Fall 2014	0	0	296.41	0	296.41
Total Foothills Correctional Institution Service Hours	0	0	748.33	0	748.33
Western Youth Correctional Institution- (NO WYCI services in 2014)					
Clients					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	0	0	0
Total Western Youth CI Clients	0	0	0	0	0
Service Hours					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	0	0	0
Total Western Youth CI Service Hours	0	0	0	0	0
Grand Total Contracted Client Hours	0	0	1616	0	1616
Grand Total Contracted Service Hours	0	0.0	2706.6	0	2706.6
Support Group Services					
Traumatic Brain Injury Support Group					
Clients					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	10	0	10
Total TBI Clients	0	0	10	0	10
Service Hours					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	79	0	79
Total TBI Service Hours	0	0	79	0	79

Appalachian State University
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Communication Disorders Clinic
Service Statistics 2014

Description	Preschool	School	Adult	ASU Students*	Totals
Aphasia Support Group (NO APHASIA SUPPORT GROUP 2014)					
Clients					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	0	0	0
Total Aphasia Support Clients	0	0	0	0	0
Aphasia Support Group Service Hours					
Spring 2014	0	0	0	0	0
Summer 2014	0	0	0	0	0
Fall 2014	0	0	0	0	0
Total Aphasia Support Group Service Hours	0	0	0	0	0
Grand Total Support Group Client Hours	0	0	10	0	10
Grand Total Support Group Service Hours	0	0.0	79.0	0	79.0
CUMULATIVE GRAND TOTAL CLIENTS, 2014					
CUMULATIVE GRAND TOTAL CLIENTS, 2014	380	2,611	2,891	590	6,089
CUMULATIVE GRAND TOTAL SERVICE HOURS, 2014					
CUMULATIVE GRAND TOTAL SERVICE HOURS, 2014	4,321	815.0	3664.9	135.8	8721.6

* NOTE: ASU Students are counted in the Adult category, but NOT in the client totals for statistical purposes

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
AUDIOLOGICAL EVALUATIONS					
Outpatient Clients					
Spring 2015	0	12	117	2	129
Summer 2015 Thru June 30	0	3	50	1	53
Total Outpatient Clients 2015	0	15	167	3	182
Service Hours:					
Spring 2015	0.0	7.6	101.3	1.0	108.9
Summer 2015 Thru June 30	0.0	1.8	38.7	1.0	40.5
Total Outpatient Service Hours 2015	0.0	9.4	140.0	2.0	149.4
OSHA Clients					
Spring 2015	0	0	144	0	144
Summer 2015 Thru June 30	0	0	54	0	54
Total OSHA Clients	0	0	198	0	198
Service Hours					
Spring 2015	0	0	44.7	0	44.7
Summer 2015 Thru June 30	0	0	21.0	0	21.0
Total OSHA Service Hours	0	0	65.7	0	65.7
Upper Mountain Research and Winkler Knives Clients					
[Upper Mountain] Spring 2015	0	0	8	0	8
[Winkler Knives] Summer 2015	0	0	0	0	0
Total Upper Mountain Research Clients	0	0	8	0	8
Service Hours					
[Upper Mountain] Spring 2015	0	0	3.5	0	3.5
[Winkler Knives] Summer 2015 Thru June 30	0	0	0.0	0	0.0
Total Upper Mountain Research Service Hours	0	0	3.5	0	3.5
Grand Total Audiological Evaluation Clients	0	15	373	3	388
Grand Total Audiological Evaluation Service Hours	0.0	9.4	205.7	2	215.14

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
AUDIOLOGICAL SCREENINGS					
Public School Screenings					
Clients					
Spring 2015	0	1273	0	0	1273
Summer 2015 Thru June 30	0	0	0	0	0
Total Public School Clients	0	1273	0	0	1273
Service Hours					
Spring 2015	0	23.0	0	0	23.0
Summer 2015 Thru June 30	0	0.0	0	0	0.0
Total Public School Service Hours	0	23.0	0	0	23.0
Grand Total Audiological Screening Clients	0	1273	0	0	1273
Grand Total Audiological Screening Service Hours	0	23.0	0	0	23.0
SPEECH/LANGUAGE EVALUATIONS					
Clients:					
Spring 2015	7	4	2	2	13
Summer 2015 Thru June 30	1	0	0	0	1
TOTAL SPEECH/LANGUAGE EVAL.- CLIENTS	8	4	2	2	14
Service Hours:					
Spring 2015	6.0	12.6	6.0	6	24.6
Summer 2015 Thru June 30	2.7	0.0	0.0	0	2.7
TOTAL SPEECH/LANGUAGE EVALUATION SERVICE HOURS	8.7	12.6	6.0	6	27.3

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
SPEECH/LANGUAGE SCREENINGS					
Speech Proficiencies					
Clients					
Spring 2015	0	0	1	171	1
Summer 2015 Thru June 30	0	0	0	0	0
Total Speech Proficiency Clients	0	0	1	171	1
Service Hours					
Spring 2015	0	0	22.5	17.1	22.5
Summer 2015 Thru June 30	0	0	0.0	0.0	0.0
Total Speech Proficiency Service Hours	0	0	22.5	17.1	22.5
Preschool Screenings					
Clients					
Spring 2015	66	0	0	33	66
Summer 2015 Thru June 30	36	0	0	16	36
Total Preschool Screening Clients	102	0	0	49	102
Service Hours					
Spring 2015	11.5	0	0	5.75	11.5
Summer 2015 Thru June 30	5.0	0	0	2.5	5.0
Total Preschool Service Hours	16.5	0	0	8.25	16.5
Grand Total Speech/Language Screening Clients	110	4	1	222	117
Grand Total Speech/Language Screening Service Hours	25.2	12.6	28.5	31.4	66.3

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
INDIVIDUAL SPEECH/LANGUAGE THERAPY					
Clients					
Spring 2015	10	10	7	4	27
Summer 2015 Thru June 30	11	6	2	0	19
Total Outpatient Clients	21	16	9	4	46
Service Hours					
Spring 2015	152.7	153.4	73.4	38.5	379.5
Summer 2015 Thru June 30	87.6	46.5	13.0	0.0	147.1
Total Outpatient Service Hours	240.3	199.9	86.4	38.5	526.6
LLP					
Clients					
Spring 2015	0	5	1	0	6
Summer 2015 Thru June 30	0	8	1	0	9
Total LLP Clients	0	13	2	0	15
Service Hours					
Spring 2015	0	83.6	11	0	94.6
Summer 2015 Thru June 30	0	1	6	0	7
Total LLP Service hours	0	84.6	17	0	101.6
Watauga Opportunities					
Clients					
Spring 2015	0	0	5	0	5
Summer 2015 Thru June 30	0	0	5	0	5
Total Watauga Opportunities Clients	0	0	10	0	10
Service Hours					
Spring 2015	0.0	0	97	0	97.0
Summer 2015 Thru June 30	0.0	0	35	0	35.0
Total Watauga Opportunities Service hours	0.0	0	132	0	132.0

Appalachian State University
Charles and Geneva Scott Scottish Rite
Communication Disorders Clinic
Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
Individual Preschool Language Classroom (PLC)					
Clients					
Spring 2015	10	0	0	0	10
Summer 2015 Thru June 30	11	0	0	0	11
Total PLCC Clients	21	0	0	0	21
Service Hours					
Spring 2015	152.7	0	0	0	152.7
Summer 2015 Thru June 30	58.6	0	0	0	58.6
Total PLCC Service hours	211.3	0	0	0	211.3
Hanen Parent Education Program					
Clients					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Hanen Clients	0	0	0	0	0
Hanen Parent Education Service Hours					
Spring 2015	0.0	0	0	0	0.0
Summer 2015 Thru June 30	0.0	0	0	0	0.0
Total Hanen Service Hours	0.0	0	0	0	0.0
Grand Total Individual Therapy Clients	42	29	21	4	92
Grand Total Individual Therapy Service Hours	451.6	284.5	235.4	38.5	971.5

Appalachian State University
 Charles and Geneva Scott Scottish Rite
 Communication Disorders Clinic
 Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
GROUP SPEECHLANGUAGE THERAPY					
PLC					
Clients					
Spring 2015	10	0	0	0	10
Summer 2015 Thru June 30	11	0	0	0	11
Total PLCC Clients	21	0	0	0	21
Service Hours					
Spring 2015	1080.5	0	0	0	1080.5
Summer 2015 Thru June 30	531.3	0	0	0	531.3
Total PLCC Service Hours	1611.8	0	0	0	1611.8
Hanen Clients					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Hanen Clients	0	0	0	0	0
Hanen Service Hours					
Spring 2015	0.0	0	0	0	0.0
Summer 2015 Thru June 30	0.0	0	0	0	0.0
Total Hanen Service Hours	0.0	0	0	0	0.0
Grand Total Group Therapy Clients	21	0	0	0	21
Grand Total Group Therapy Service Hours	1611.8	0	0.0	0	1611.8

Appalachian State University
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 Communication Disorders Clinic
 Service Statistics

Description	Preschool	School	Adult	ASU Students*	Totals
CONTRACTED SERVICES					
Watauga Medical Center					
Clients					
Spring 2015	0	0	301	0	301
Summer 2015 Thru June 30	0	0	68	0	68
Total Watauga Medical Center Clients	0	0	369	0	369
Service Hours					
Spring 2015	0	0	301.3	0	301.3
Summer 2015 Thru June 30	0	0	62.8	0	62.8
Total Watauga Home Health Care Service Hours	0	0	364.0	0	364.0
Wellness Center Clients					
Clients					
Spring 2015	0	0	47	0	47
Summer 2015 Thru June 30	0	0	12	0	12
Total Watauga Medical Center Clients	0	0	59	0	59
Service Hours					
Spring 2015	0	0	206.3	0	206.3
Summer 2015 Thru June 30	0	0	54.3	0	54.3
Total Watauga Home Health Care Service Hours	0	0	260.6	0	260.6
Canon Memorial Hospital					
Clients					
Spring 2015	0	0	41	0	41
Summer 2015 Thru June 30	0	0	5	0	5
Total Watauga Medical Center Clients	0	0	46	0	46
Service Hours					
Spring 2015	0	0	112.0	0	112.0
Summer 2015 Thru June 30	0	0	25.0	0	25.0
Total Watauga Home Health Care Service Hours	0	0	137.0	0	137.0
Blowing Rock Medical Center					
Clients					
Spring 2015	0	0	217	0	217
Summer 2015 Thru June 30	0	0	72	0	72
Total Watauga Medical Center Clients	0	0	289	0	289
Service Hours					
Spring 2015	0	0	283.0	0	283.0
Summer 2015 Thru June 30	0	0	42.0	0	42.0
Total Watauga Home Health Care Service Hours	0	0	325.0	0	325.0

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Description	Preschool	School	Adult	ASU Students*	Totals
Correctional Facilities					
Foothills Correctional Institution					
Clients					
Spring 2015	0	0	98	0	98
Summer 2015 Thru June 30	0	0	23	0	23
Total Foothills Correctional Institution Clients	0	0	121	0	121
Service Hours					
Spring 2015	0	0	140	0	140
Summer 2015 Thru June 30	0	0	28	0	28
Total Foothills Correctional Institution Service Hours	0	0	168	0	168
Western Youth Correctional Institution- (NO WYCI services in 2015)					
Clients					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Western Youth CI Clients	0	0	0	0	0
Service Hours					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Western Youth CI Service Hours	0	0	0	0	0
Grand Total Contracted Client Hours	0	0	884	0	884
Grand Total Contracted Service Hours	0	0.0	1254.6	0	1254.6
Support Group Services					
Traumatic Brain Injury Support Group					
Clients					
Spring 2015	0	0	11	0	11
Summer 2015 Thru June 30	0	0	5	0	5
Total TBI Clients	0	0	16	0	16
Service Hours					
Spring 2015	0	0	72.6	0	72.6
Summer 2015 Thru June 30	0	0	21.2	0	21.2
Total TBI Service Hours	0	0	93.8	0	93.8

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Description	Preschool	School	Adult	ASU Students*	Totals
AphasiaSupport Group (NO APHASIA SUPPORT GROUP 2015)					
Clients					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Aphasia Support Clients	0	0	0	0	0
Aphasia Support Group Service Hours					
Spring 2015	0	0	0	0	0
Summer 2015 Thru June 30	0	0	0	0	0
Total Aphasia Support Group Service Hours	0	0	0	0	0
Grand Total Support Group Client Hours	0	0	16	0	16
Grand Total Support Group Service Hours	0	0.0	93.8	0	93.8
CUMULATIVE GRAND TOTAL CLIENTS, 2015					
CUMULATIVE GRAND TOTAL CLIENTS, 2015	173	1,321	1,295	329	2,791
CUMULATIVE GRAND TOTAL SERVICE HOURS, 2015					
CUMULATIVE GRAND TOTAL SERVICE HOURS, 2015	2,089	329.5	1818.0	71.9	4142.3

* NOTE: ASU Students are counted in the Adult category, but NOT in the client totals for statistical purposes