

The Cub - 6/20/2015**7 Mile Run****Valle Crusis, N.C.****Rankings****Event 1 Mixed 7 Mile Run RR**

Name	Age Team	Finals	Points
Overall Results Women 7Mile Mile Run			
1 Wolfe, Emily	W25 Boone	50:48.61	
2 Coggins, Emily	W23 Boone	55:12.31	
3 Dilweg, Jaime	W49 Chapel Hill	56:19.37	
Overall Results Men 7Mile Mile Run			
1 Masland, Caleb	M34 Boone	40:44.50	
2 Rhodes, Kenai	M16 Boone	42:34.05	
3 Holland, Michael	M18 Beech Mountain	43:08.49	
19 & Under Results - Women 7Mile Mile Run			
1 Kapral, Courtney	W18 Boone	1:00:47.37	
20-29 Results - Women 7Mile Mile Run			
1 Henry, Emma	W29 Vilas	58:21.29	
2 Rhoads, Emily	W29 Boone	1:01:39.59	
3 Dahl, Abigail	W22 Southern Pines	1:02:13.62	
4 Fogarity, Kati	W25 Charlotte	1:05:16.23	
5 McComb, Abigail	W21 Deep Gap	1:12:24.90	
6 Harper, Lauren	W20 Atlanta	1:21:59.40	
7 Plocica, Samantha	W23 Jacksonville	1:22:13.29	
8 Ward, Ashley	W22 Johnson City	1:26:11.56	
9 Williams, Sumer	W24 Sugar Grove	1:32:22.00	
30-39 Results - Women 7Mile Mile Run			
1 Thornton-Brooks, Jennife	W30 Boone	58:15.91	
2 Eggers, Lori	W37 Fleetwood	1:01:05.94	
3 Hamilton, Leigh	W39 Blowing Rock	1:11:08.51	
4 Gaydon, Michelle	W38 Blowing Rock	1:12:33.02	
5 Adams, Caitlin	W31 Boone	1:19:04.60	
6 Edmondson, Melissa	W36 Creston	1:22:03.57	
7 Mercer, Elizabeth Lisa	W34 Jacksonville	1:22:13.50	
8 Stull, Cassandra	W37 Vilas	1:22:50.30	
40-49 Results - Women 7Mile Mile Run			
1 Jones, Donna	W46 Boone	1:00:10.76	
2 Anderson, Karen	W49 Apex	1:04:56.84	
3 Ruark, Margaret	W47 Granite Falls	1:08:26.38	
4 Jensen, Dawn	W48 Banner Elk	1:11:02.52	
5 Swanson, Laura	W40 Boone	1:11:22.69	
6 Privette, Renee	W46 Statesville	1:14:19.75	
50-59 Results - Women 7Mile Mile Run			
1 Harris, Kathy	W56 Blowing Rock	59:12.66	
2 Bailey, Tamara	W53 Boone	1:03:25.66	
3 Jekubovitch, Nan	W58 Silk Hope	1:15:44.25	
4 Buchanan, Linda	W56 Dallas	1:21:43.93	
5 Curry, Michelle	W50 Boone	1:24:35.51	
60-69 Results - Women 7Mile Mile Run			
1 Harper, Andrea	W60 Atlanta	1:22:00.01	
19 & Under Results - Men 7Mile Mile Run			
1 Carlock, Andrew	M16 Lansing	53:05.05	
2 Paprocki, Nathan	M18 Cary	1:04:00.29	
3 Triplett, Adam	M12 Lewisville	1:08:25.91	
20-29 Results - Men 7Mile Mile Run			
1 Holloway, Josh	M23 Winterville, GA	43:24.02	
2 Gomez, Emmanuel	M29 Jacksonville, NC	48:12.31	
3 Spears, Lucas	M24 Vilas	48:33.21	

The Cub - 6/20/2015**7 Mile Run****Valle Crucis, N.C.****Rankings****....Event 1 Mixed 7 Mile Run RR**

4	Kinder, Andrew	M28 Wilkesboro	54:05.60
5	Freed, Miles	M20 Pope Army Airfield	55:26.53
6	Byrd, Douglas	M29 Winston Salem	56:04.37
7	Wood, Daniel	M26 Wilkesboro	1:00:00.05
8	Paprocki, Daniel	M26 Cary	1:00:14.16
9	Kenney, Larisa	M23 Chalotte	1:13:44.97
30-39 Results - Men 7Mile Mile Run			
1	Critcher, Caleb	M31 Deep Gap	44:30.25
2	Braxton, Damon	M36 Boone	47:46.44
3	Church, Josh	M30 Lansing	47:49.22
4	Jones, Timothy	M30 Boone	49:53.94
5	Stull, Timothy	M37 Vilas	52:00.59
6	Bowers, David	M36 Crumpler	54:20.95
7	Brooks, Andy	M35 Boone	57:36.08
8	Graff, Benjamin	M35 Durham	1:06:31.31
40-49 Results - Men 7Mile Mile Run			
1	Williams, John	M45 Banner Elk	47:15.87
2	Booth, Tyler	M40 Charlotte	49:17.69
3	Townsend, J. Scott	M43 Boone	53:37.76
4	Crandall, Rob	M49 Boone	54:00.18
5	Privette, Anthony	M45 Statesville	58:23.07
6	Banks, Tim	M43 Marion	1:00:13.00
7	Sears, Will	M43 Boone	1:01:10.49
8	Gosky, Ross	M43 Boone	1:02:38.57
9	Hulsey, Keith	M45 Greenville SC	1:04:24.16
10	Shafer, Steven	M47 Winston Salem	1:05:14.27
11	Triplett, Dana	M49 Lewisville	1:06:43.02
12	Jensen, Scott	M48 Banner Elk	1:07:14.26
13	Van Osdol, Todd	M46 Lenoir	1:08:58.95
14	Bradbury, Mark	M42 Boone	1:10:53.24
50-59 Results - Men 7Mile Mile Run			
1	Anderson, Terry	M57 Boone	52:27.96
2	Middlesteadt, Wayne	M52 Boone	54:48.88
3	Spell, Stephen	M56 West Jefferson	56:08.20
4	LeRoy, Hal	M55 Beech Mountain	56:36.46
5	Mcneill, Dan	M58 Charleston	1:05:50.10
6	Starnes, George	M58 Columbia SC	1:06:38.22
7	Pressley, Bill	M54 Valle Crucis	1:07:25.16
8	Campbell, Thomas	M58 Siler City	1:07:37.06
9	Jacobson, Steven	M53 Raleigh	1:08:07.90
10	McDaniel, Mike	M57 Marion	1:08:50.96
11	Ramsdell, Jeff	M50 Valle Crucis	1:18:36.82
60-69 Results - Men 7Mile Mile Run			
1	Warner, Tom	M63 Grafton	59:18.87
2	Bingham, Chuck	M62 Ennice	1:00:20.55
3	Baughman, Kinney	M62 Boone	1:00:31.98
4	Miller, Jerry	M65 Blowing Rock	1:05:54.74
5	McGrath, Greg	M65 Winston Salem	1:06:38.46
6	Benson, Stephen	M67 Todd	1:10:06.99
7	Webb, Mike	M61 Snowcamp	1:10:54.15
70+ Results - Men 7Mile Mile Run			
1	Friedman, Lawrence	M78 Boone	1:39:43.00